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**Contact:** Kate Dumond  
**Phone:** 281.664.2218  
**Email:** [kdumond@advancedosm.com](mailto:kdumond@advancedosm.com)

### **Advanced OSM Hand Therapy Team Presents Research at National Conference**

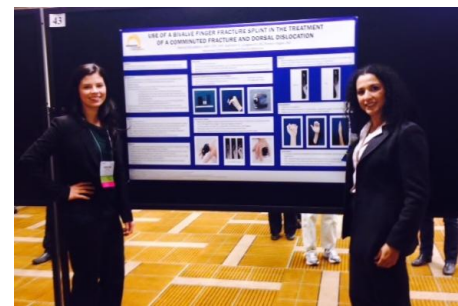


The Hand Therapy Team at Advanced Orthopaedics and Sports Medicine (AOSM) was recently selected to present three research projects at the 36<sup>th</sup> Annual Meeting of the American Society of Hand Therapists in Chicago, IL. The primary focus of the conference was placed on the application of evidence-based information in daily treatment and clinical reasoning, as well as the close relationship between physicians, therapists and patients. The AOSM Hand Therapy Team, consisting of Marisol Monasterio, Certified Hand Therapist, Kathleen Longworth, Occupational Therapy Technician, and Dr.

Steven Viegas, Orthopaedic Hand Surgeon, have spent a great deal of time researching and implementing new wound care treatment techniques as well as developing custom splints for finger and elbow ailments and were thrilled when selected to present their exciting research.

The projects that were chosen included a power point presentation entitled “Conservative Wound Care Treatment of Fingertip Amputation Injuries With and Without Bone Exposure”, and two poster presentations entitled “Use of a Bivalve Finger Fracture Splint in the Treatment of a Comminuted Fracture and Dorsal Dislocation” and a “Dynamic Hinged Splint Following a Surgical Reattachment of a Distal Triceps Tendon Avulsion”.

Therapists from all over the country, as well as Canada and Latin America visited the AOSM poster presentation booths and were interested in orthoses innovation, and learning conservative approaches in treating fractures and wounds. Monasterio had an excellent experience presenting and networking at the Annual Meeting, “It was very exciting to receive such great acceptance and feedback from my peers as well as have the opportunity to contribute in a positive manner to the profession of hand therapy.” She also stated that “The best reward was the time spent with all the dedicated, enthusiastic and inspirational individuals in attendance. We are so very grateful to Advanced Orthopaedics & Sports Medicine and The Texas Chapter of the American Society of Hand Therapists for sponsoring our team for this great journey.”



Among other 900 attendees, the AOSM hand therapy team not only had a chance to share the details of their work, but to also to explore other researchers’ presentations and attend instructional courses. Kathleen Longworth shared about her experience, “Being able to work on and present innovative research alongside Marisol and Dr. Viegas has been an honor. As an aspiring occupational therapist, it was wonderful to be among individuals with so much knowledge about and passion for the field of hand therapy. Attending the conference not only helped me understand the importance of evidence-based practice in the field, but also provided me the opportunity to learn about exciting research taking place around the world.”

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**About Advanced Orthopaedics and Sports Medicine**

Advanced Orthopaedics and Sports Medicine is proud to have served the northwest Houston and Cy-Fair areas since 1983. The physicians at Advanced Orthopaedics and Sports Medicine strive to provide the best medical care by using innovative and state of the art treatments, proven technology, and modern diagnostic equipment. Advanced Orthopaedics and Sports Medicine physicians are sub specialized in all aspects of orthopedics including knees, shoulders, hips, spine, feet, and hands. The physicians and in-house physical therapists have had the pleasure of rehabilitating Professional, Olympic, International, Collegiate, High School, and amateur athletes in Houston for the past 25 years and look forward to serving them for years to come.

For more information about this press release or to schedule an interview, please contact Kate Dumond at 281.664.2218 or [kdumond@advancedosm.com](mailto:kdumond@advancedosm.com).